



Alfredo Valdez #H37100 Death Row, San Quentin Prison, CA 94974



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Jesus is the Answer



The Bible is not a book of saints, but of sinners and prisoners. God's Word is full of very real men and women; it tells of their failures, struggles and sorrows. But it is also the story of their victories—won through the power of Jesus Christ taking hold of their lives and changing them from the inside out.

I began to read the Bible, and I discovered that it was full of people like me who had made big mistakes, caused a lot of pain, had been forgiven and healed. I committed my life to Christ, and I saw that same healing process slowly take place in me. I had been bruised and battered inside.

I was no longer bent on destruction, but filled with new life and love.

Those of us who have spent time in prison may well be bruised, but Jesus can restore us completely!

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